



YOU'RE GOOD 

ALL STUDENTS EAT BREAKFAST @ NO COST ALL YEAR LONG

This Institution is an equal opportunity provider. Menus are subject to change.



Monday, Dec 1	Tuesday, Dec 2	Wednesday, Dec 3	Thursday, Dec 4	Breakfast Menu
<p><u>Lunch</u></p> <p>WG Chicken Nuggets WG Gold Fish Crackers Or Cheeseburger Yellow Corn Fresh MI Veg Cup Orange Wedges Michigan Milk</p>	<p><u>Lunch</u></p> <p>WG Little Caesars Pizza Steamed Broccoli Fresh Vegetables Fresh Fruit Bar Michigan Milk</p>	<p><u>Lunch</u></p> <p>French Toast Sticks w/Sausage OR Bosco Sticks w/ Marinara Sauce Hashbrown MI Grape Tomatoes Apple Sauce Michigan Milk</p>	<p><u>Lunch</u></p> <p>WG Bean & Cheese Burrito Or Chicken Patty on a Bun MI Diced Tomatoes Peach Cup Michigan Milk</p>	<p>WG Assorted Cereal WG Benefit Bar WG Donuts WG Breakfast Breads 100% Fruit Juice Fresh Fruit Fruit Cups Michigan Milk</p>



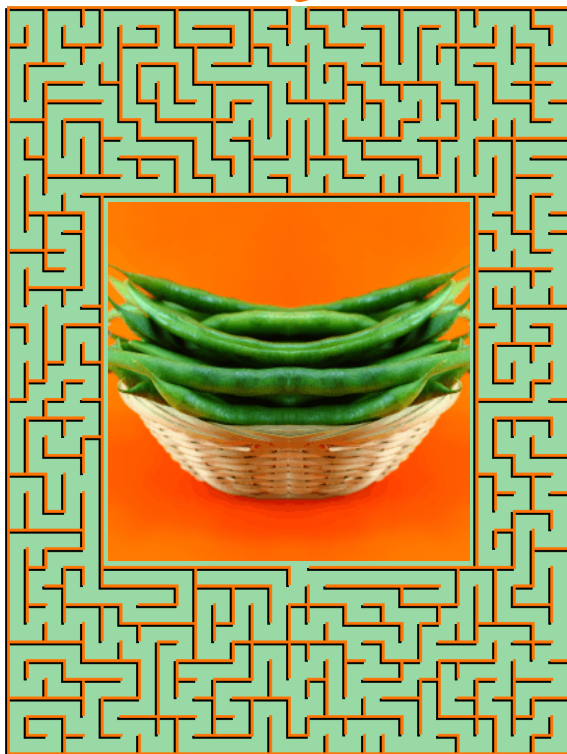
Monday, Dec 8	Tuesday, Dec 9	Wednesday, Dec 10	Thursday, Dec 11	Breakfast Menu
<p><u>Lunch</u></p> <p>WG Chicken Shapes WG Gold Fish Crackers Or Cheeseburger Green Peas Yellow Corn MI Great Grapes Michigan Milk</p>	<p><u>Lunch</u></p> <p>WG Little Caesars Pizza Or Chicken Patty Refried Beans MI Fresh Veg Cup Peach Cup Michigan Milk</p>	<p><u>Lunch</u></p> <p>WG Bosco Sticks Celery MI Cucumber Coins MI Mixed Berries Cup Michigan Milk</p>	<p><u>Lunch</u></p> <p>WG Pizza Crunchers Or Chicken Patty Steamed Broccoli Apple Sauce Michigan Milk</p>	<p>WG Assorted Cereal WG Benefit Bar WG Donuts WG Breakfast Breads 100% Fruit Juice Fresh Fruit Fruit Cups Michigan Milk</p>



Set the beans free!

Green Beans are loaded with vitamins, minerals, and fiber. But on our holiday tables, these super heroes are too often overwhelmed with butter and gooey sauces. You can help! Find your way to the center of the maze, where fresh green beans, ready to be steamed with healthful seasonings (and, if you insist, just a touch of butter!), are waiting for you to set them free!

➔ **Start here!**



Learn more at www.CHOOSEMYPLATE.gov or http://kidshealth.org/kid/stay_healthy/food/pyramid.html



Word of the Month

be·nev·o·lent

adj. 1. charitable; kind
2. showing love to others and a desire to promote their happiness and well-being

Here's wishing you a bright and happy holiday season!



With Love From Your
Child Nutrition
Staff

Monday, Dec 15

Lunch

WG Chicken Crew
Nuggets
WG Gold Fish
Crackers
Or Cheeseburger
Broccoli
MI Celery
MI Berry Cup
Michigan Milk

Tuesday, Dec 16

Lunch

WG Little
Caesar's Pizza
Or Chicken Patty
Cooked Carrots
Steamed Peas
Pineapple Cup
Michigan Milk

Wednesday, Dec 17

Holiday Feast

Lunch

WG Chicken
Drumstick
WG Roll
Mashed Potatoes
w/Gravy
Green Beans
Peach Cup
Michigan Milk

Thursday, Dec 18

Lunch

WG Hamburger
on a Bun
Or Chicken Patty
Refried Beans
Cooked Carrots
Pear Cup
Michigan Milk

Breakfast Menu

WG Assorted
Cereal
WG Benefit Bar
WG Donuts
WG Breakfast
Breads
100% Fruit Juice
Fresh Fruit
Fruit Cups
Michigan Milk



Last day of school:
Friday, December 19

Classes Resume
Monday, January 5