Redford Union Secondary Campus

December 2025

This institution is an equal opportunity provider.

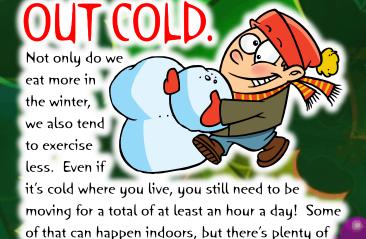
Menus are subject to change.

Available Daily

Café Classics
Grill Station
Deli Sandwich
Pizza Station
Salads

Your Choice of Fresh Fruit & Vegetables

eatured Specials of the Day Monday, December 1 Popcorn Chicken Bowl Tuesday, December 2 Little Caesars Pizza Wednesday, December 3 Breakfast for Lunch <u>Thursday, December 4</u> **Breaded Ravioli** with Marinara Sauce Friday, December 5 Mexicali Meal



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER. WELLNESS IS A WAY OF LIFE!

outside activities that can keep you warm, too!

Redford Union Food & Nutrition Department

We are excited to have our students back to school and eating FREE nutritious meals again this school year. Please feel free to reach out to our department with any questions...... 313.242.6000

Joy = Hartmanj@redfordu.k12.mi.us

Please feel free to visit our website for more information and links to online forms and menu's https://https://www.redfordu.k12.mi.us/district/food-service/

Featured Specials of the Day

Monday, December 8
Parmesan Garlic Chicken
Bowl

Tuesday, December 9

Little Caesars Pizza.

Wednesday, December 10

Cherry Blossom Chicken

Thursday, December 11

Macaroni & Cheese w/Roll

Friday, December 12

Mexicali Rice Bowl w/Çajun Chicken

REALLY Hot Chocolate!

The ancient Mayans started drinking chocolate drinks at least 1500 years ago, and they spiced up their beverage by adding ground hot peppers, as well as ground corn and various spices!

Wishing you and your family a bright and happy Holiday

Joy Hartman, Director of Food Services & the Child Nutrition Staff at your school

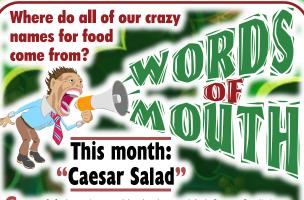




Please See the Other Page for Items Available Daily







aesar Salad was invented by (and named for) Caesar Cardini, an Italian immigrant to the U.S. who owned restaurants in San Diego, California and nearby Tijuana, Mexico in the 1920's. Legend has it that, on one especially busy day, his kitchen ran out of most food and so improvised an elaborate tableside salad-tossing preparation to fool customers into thinking they were getting something special! Cardini's



recipe included raw egg and anchovies, but today's standard Caesar Salad features romaine lettuce, Parmesan cheese, croutons, creamy Caesar dressing (without the raw egg!) or vinaigrette, and sometimes grilled chicken. Thanks, Mr. Cardini!